

Walk and Talk

At home!



Make time at home special

- Talk as you do everyday things together.
- Talk about what you are doing, as you do it.
- Talk about what you see, touch, hear, taste and smell.
- Always listen to your child and respond to what they say.

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Talk as you do everyday things together

- Jobs like sorting the washing can be fun! Find matching items – pairs of socks, clothes the same colour, things the same size.
- Help your child learn new words by talking about the feel of fabrics - soft, smooth, rough.
- Talk about the different steps of washing, drying, folding, ironing and putting away.
- Listening is important too – stop and hear the different sounds.

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Talk about what you are doing, as you do it

- Enjoy making and mending - talk about what you are going to do.
- Let your child explore the tools. Talk about how things work and how to use them.
- Help your child learn new words by naming different objects and actions.
- Ask questions like, ‘How can we fix it?’, or ‘What do we do next?’

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Talk about what you see, touch, hear, taste and smell

- Cooking together can be fun - talk about what you're going to make.
- Use different words to describe the smell, feel and taste of the ingredients.
- Talk about the utensils you are using - what are they made of? What shape are they? What are they used for?
- Make up songs about mixing, shaking and pouring!

Walk and Talk

Off to Bed!



Always listen to your child and respond to what they say

- Make bathtime and bedtime special times to listen and talk about the day.
- Talk about different feelings from the day – being happy, excited, or perhaps feeling cross or sad.
- Read or tell stories, use different voices and sounds for the characters.
- Cuddle up and sing a favourite lullaby – your voice is special to your child.