

# 12 steps to starting school

Starting school is an exciting time but can also feel like a big step to take.

Have a go at exploring each footprint with your family. We hope these activities will help you to feel more confident stomping your way to school. Hope you have fun!



## Sign up

to your local library and take part in the summer reading challenge



### **Share**

a book together every day



## Play

some turn taking games with your family and friends



#### **Practice**

putting on your school uniform, shoes and coat



#### **Practice**

the walk to school and look out for familiar signs, numbers and letters on the way



### Make a map

of your walk to school and draw the things you can see on the way



## Go to the park

to practice climbing, running and jumping



## Complete

the 50 things to do before you're 5 challenge



#### Fill a bag

with the things that make you feel happy



## Play

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following instructions games like 'Simon says'



## Learn

some nursery rhymes



#### **Practice**

self-care routines like going to the toilet, washing your hands and brushing your teeth