

Walk and Talk

Out and About!



Make time out and about special

- Talk about the things you see and do.
- Listen to and talk about the different sounds.
- Listen and add new words.
- Make special time for talking and listening together.

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Talk about the things you see and do

- When you are on a journey, look out of the window together.
- Talk about the different things you can see - buildings, trees, people, shops.
- Sing a familiar song like... 'The Wheels on the Bus'.
- Take a favourite book along for the ride!

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Listen to and talk about the different sounds

- Even a park is full of different sounds. Ask your child to close their eyes – what can they hear?
- Talk about different noises - traffic, voices, music, birds singing. Are they loud? Are they quiet?
- Ask your child to listen again, what else can they hear?

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Listen and add new words

- Find new things to talk about by being out and about, whatever the weather.
- Talk about splashing in puddles, the wind on your face or feeling hot or cold.
- Introduce new words as you look for signs of the changing seasons.
- Help your child to use more words by asking questions and adding to what they've said.

Walk and Talk

Together!



Make special time for talking and listening together

- Make special time for talking and listening – perhaps in a favourite place.
- Let your child know you are listening to them, try not to interrupt them.
- Follow their gaze and comment on what they are looking at.
- Always be interested and value what your child says.